



Myeloma Vancouver

A Message from Francesca and Richard Plaster, Group Leaders, Myeloma Vancouver

Richard and I have led the Myeloma group here in the Lower Mainland for several years.

In that time we have made some wonderful friends and have lost some wonderful friends. It is something that we both knew would happen when we started the group but we felt it was so important, even though the losses were hard, to carry on.

At the Patient and Family Conference that was held in Richmond in October, 2010, Dr. Song outlined the various ways that the Clinical Trials Unit at Vancouver General is funded and how funding of the Clinical Trials Unit is important so that the important work of finding, if not a cure, the drug that will one day make Myeloma a chronic condition.

As I listened to him speak, it inspired me to try and be a part of the fund raising efforts to ensure that the most up to date trials will be done to ensure continued progress in the fight to find a cure for Myeloma.

All of us have benefitted from the work done at the Clinical Trials Unit. Whether it has been a transplant, drug therapy or drug therapy

following relapse, we have all felt the results of the work that has and is being done.

The purpose of this message is to ask you to join me in this fundraising effort.

On September 25th, 2011 Myeloma Vancouver will be hosting the first ever "Myeloma Vancouver Stroll for a Cure".

This is a no frills walk; no T-shirts, no prizes, no running and no competitions. Just a group of people with a common purpose.

In order to ensure that all funds raised go to the Clinical Trials Unit, all funds must be paid in cash or by cheque.

Credit card companies collect a percentage of each transaction and this adds up.

Not one cent of the monies received will be for overhead costs. We are very fortunate to have sponsors who support our efforts.

Now, I know that some of you live outside the Lower Mainland area and it would be difficult to participate in the actual stroll. That does not matter; you can still be a huge part of this by simply making a donation. All donations over \$25.00 are tax deductible. You will receive a receipt from the VGH/UBC Hospital Foundation.

On the front page of the website is everything you need to know about this event and participate.

This is a family and friends event, please bring them with you.

I will also need volunteers. If you are interested, please send me your name and contact information.

Feel free to contact me if there is anything Richard and I can do for you.

Francesca and Richard

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